Some conventional doctors now discriminating against patients who choose not to vaccinate their children

Tuesday, November 22, 2011 by: Ethan A. Huff, staff writer

There are still many individuals in modern society, including doctors, that cling to the notion that if medical authorities say it is good for you, then it must be. And this blind allegiance to Western medicine has created a climate of intolerance towards those that refuse vaccinations, for instance, which has resulted in some doctors actually "firing" patients who make this personal choice for their families.

Before getting licensed, every physician makes an oath swearing to practice medicine ethically, and to "do no harm" to patients. But apparently this does not apply to patients who choose not to assume the health risks involved with vaccinations. And *USA Today* reports that some doctors are now flat-out discriminating against such patients on the grounds that they are a public health threat.

Dr. Thomas Tryon, a pediatrician [...] in Kansas City, Mo., and his colleagues presented data showing that more than 20 percent of 900 surveyed doctors that practice medicine in Midwestern states have stopped seeing patients who refuse vaccinations.

[...]According to the same survey, roughly 60 percent of doctors indicated that one in 20 families in their practice has either refused or requested modifications to the suggested vaccination schedules.

http://www.naturalnews.com/

Oath: serment

Some conventional doctors now discriminating against patients who choose not to vaccinate their children

Que font les médecins avec les patients qui refusent les vaccins ? Pourquoi refusent-ils ces patients ? Quel argument ont-ils ? Dans la société actuelle, quelle opinion ont la plupart des gens concernant les vaccins? Qu'a fait Dr Tryon ?

Most children have been bullied

Que s'est-il passé lundi? Qu'apprend-on sur Nicola Roberts ? Que démontrent les chiffres sur le harcèlement ? Quel phénomène est de plus en plus important ? Quelle solution est proposée aux jeunes qui se font harcelés ?

More teens now turning to weight loss surgery while still eating junk foods

Que font de plus en plus les adolescents? Quelle inquiétude soulève ce nouveau phénomène ? Quelles complications peut entraîner l'opération ? Que disent les défenseurs de cette opération sur les adolescents ? (3 choses) Pourquoi Steve R. Gundry est-il inquiet ?

Home Alone

Où est le narrateur? Qu'est-ce qui inquiète le narrateur? Que fait le narrateur pour oublier que le téléphone sonne ? Que voit-elle par la fenêtre ? Que veut-elle faire quand elle comprend que se cacher ne suffira pas ? Quelle idée a son amie ? Depuis cette soirée qu'a décidé le narrateur ?

Most children have been bullied

Hundreds of young people from schools across the UK were in London on Monday to mark the start of anti-bullying week.

Around 300 schoolkids were at a special conference to talk about why they want to tackle bullying. Some of the young people were bullying victims themselves.

Girls Aloud* star Nicola Roberts was also at the event, organised by the Diana Award charity. She has been bullied herself and has found that many fans experience it too. She has asked for a meeting with the Government's Education Secretary, Michael Gove, to talk about how bullying can be stamped out in our schools.

The idea of anti-bullying week is to encourage young people to talk openly about bullying and how to beat it. Figures show that seven out of ten children are victims at some point during their school lives.

An increasing problem is cyber-bullying, with nearly four out of ten teenagers saying they have been bullied either online or on their mobile phones. Abusive emails and text messages are the most common forms of cyber-bullying.

[...] A place to get help is from CyberMentors, which is a website where young people aged 11 to 25 are trained to help other young people who are being bullied. All you need to do is log on and start chatting at www.cybermentors.org.uk. If your school has been involved in CyberMentors training, then there may be CyberMentors available to talk to you face-to-face if you'd prefer.

http://www.firstnews.co.uk

* Girls Aloud are an English/Irish pop girl group based in London

More teens now turning to weight loss surgery while still eating junk foods

Tuesday, December 21, 2010 by: David Gutierrez, staff writer

Weight loss surgery is becoming increasingly popular among teenagers, according to a study published in the journal *Pediatrics*, raising concerns about potentially unknown side effects in this younger population.

Researchers found that in California alone, 590 people between the ages of 13 and 20 underwent weight loss surgery between 2005 and 2007. The rate of complications, including bleeding, infection, and kidney or lung problems, was the same among teenagers as among adults. [...]

Advocates of weight-loss surgery in children say that intervening early to fight obesity can have important lifelong health benefits.

"We will hopefully be able to prevent the diabetes, the high blood pressure, the high cholesterol that we're starting to see in teenagers who are already obese," CBS correspondent Jennifer Ashton said. "Why wait until they are 20 or 30 to start treating that when some people say you should start treating it when they have the disorder?"

The problem is that no research has been done on the long-term consequences of surgically altering a teenager's digestive system. [...]

"I'm worried about all those gastric bypass patients who lose 150 pounds in six months," Steven R. Gundry writes. "I'd like them to let me know how they're doing twenty to thirty years from now."

http://www.naturalnews.com

Home Alone

By Ashlyn Z., Clinton, CT

The sky was pitch black, the house was creaking, and I still had four hours until my parents got home. Locked in my parents' room, I turned on the TV full blast so I wouldn't hear the creaking house.

I barely heard the phone ring. I picked it up and said, "Hello ... hello ...?" but there was no response. I knew someone was on the other end. Finally, I hung up. A minute later, the phone rang again; still no one was there. I became more frightened as time passed; the same person called five more times.

At this point I didn't bother picking up, but the ringing continued. To get my mind off this prank caller, I called my friend. She told me not to worry and to turn the phone off. As we talked, I heard someone pull into the driveway. When I peeked out the window, I saw an unfamiliar car.

Thirty minutes passed and the car was still in my driveway. It drove up and down the drive as if aware I was watching. My friend told me to call the cops, but I refused.

Soon the phone calls started again. I heard noises in the background, but I couldn't tell what they were. I really didn't want that person to get out of the car and start toward the house. If they did, I didn't know what I'd do. None of the doors were locked, and I would have no way of protecting myself. The only thing I could do was hide, which wasn't a very good plan.

At this point I was considering calling the cops, but my friend offered to drive by. "Maybe if they see me pull in, they will leave," she suggested. By the time she arrived, the car had left. The phone rang again and I picked up, thinking it might be my friend. Someone on the other end said "Bye-bye."

At that point I wasn't as scared as curious. Since then I have not stayed home alone and I probably never will.

http://www.teenink.com

What's In A Name?

By Kara C., Gadsden, AL

Recently I read an article on Yahoo! which stated that Pete Wentz and pop/rock princess Ashlee Simpson-Wentz named their son Bronx Mowgli. I'm not sure whether my initial reaction was more pity for the kid or wonder at why the couple chose to name him after the hood in New York (he's from Illinois, she's from Texas), and the boy in Rudyard Kipling's "The Jungle Book".

Why do people name their kids the way they do? Sometimes the child is given a family name, or they are named after a person or place that is significant to the parents. Oftentimes a child's name is chosen because the parents simply like the way a name sounds.

[...] Over the years I have collected note cards, bookmarks, etc., with the meaning of my name printed on them, which according to varied sources is "loved one", "cherished one", or "pure one". But my parents chose to name me Kara not because of any of those things, but because my dad had said that if they ever had a daughter, he wanted her name to be Kara.

There are several names that I would take into consideration for the children I hope to have someday. A couple of them remind me of other people, but most of the names I just like. [...] Will I think twice before naming a kid something really trendy? Definitely. I'll just remember Bronx Mowgli Wentz. :)

http://www.teenink.com

What's In A Name?

Quelle réaction a la narratrice en lisant l'article sur yahoo? De quoi est composé le prénom de l'enfant de Pete Wentz ? Pourquoi la narratrice s'appelle-t-elle Kara ? Que veut dire son prénom ? Comment pense-t-elle prénommer ses éventuels futurs enfants ?

Take part in an online Spellathon against Stephen Fry!

Que savons-nous sur Stephen Fry? Qu'est-ce que le spellathon ? Quels sont les différents niveaux de la compétition ? Que faut-il faire pour participer à la compétition ? Dans quel état d'esprit est Stephen Fry ?

Journey to school worries children

Selon l'article de quoi ont peur les enfants ? Comment l'enquête a-t-elle été réalisée ? Qu'a-t-elle révélé ? Pouvez-vous comparer les chiffres selon les pays ? Que se passe-t-il pour 4% des enfants selon Anglia Ruskin ? Que font les enfants victimes de harcèlement ?

Take part in an online Spellathon against Stephen Fry!

Do you think you've got what it takes to beat famous author, act and brainbox Stephen Fry at reverse spelling?

Stephen Fry is challenging THE WORLD, to a LIVE reverse Spellathon Challenge, in February 2012 - so get practicing!

There will be three LIVE Games; Stephen vs. Primary/Elementary children, Stephen vs. Secondary/Middle/High School students and Stephen vs. Adults.

Reverse Spellathon digital certificates will be given to entrants that beat Stephen's score!

Stephen Fry, voice of The Professor said: "I'm greatly looking forward to competing against the world in this extremely tricky challenge."

To qualify for this amazing challenge, simply visit www.spellathon.net create a Spellathon Bee profile.

Simply spell 50 words correctly in reverse playing spelling games & raise £15.00 for Mencap* before February 1 2012 for your chance to compete...easy!

http://www.firstnews.co.uk

* The Royal **Mencap** Society is a charity based in the UK that works with people with a learning disability

Journey to school worries children

Almost one in three children worry about being bullied or picked on as they travel to, and from, school each day.

New research found that children in England are much more concerned about their journeys to school than kids in other European countries.

The survey was carried out among 4,000 12 to 16-year-olds in countries including Spain, Cyprus, Poland and Italy.

In those countries, the number of children who were anxious about their school journey was much lower than in England – with around one in five pupils being worried.

The research by Anglia Ruskin University also found that around 4% of English schoolchildren are picked on* on their way to school, and this is similar to other countries.

It also showed that children are more likely to turn to their friends for advice than parents or teachers.

http://www.firstnews.co.uk

*bullied

Recycling rates in England top 40%

Recycling rates in England have topped 40% for the very first time, moving the UK a step closer to the Government's aim of zero waste.

Households all over the country put an average of 41.2% of their rubbish into recycling bins in 2010, which is a new record.

Recycling rates have been increasing every year, and that's good news for the environment as it means less waste is ending up in landfill sites.

Rochford in Essex is the top recycling district in the country – residents there recycle or compost an enormous two thirds (66%) of their rubbish.

Bottom of the heap is Ashford, Kent, where locals put just 14% of waste into recycling bins.

European Union rules mean that the UK must recycle or compost half of its rubbish by the year 2020. Welsh households currently lead the way by recycling 48%, but Scotland lags behind on 38%.

The average British house throws out 449kg of rubbish every year... that's the same weight as a Jersey cow!

http://www.firstnews.co.uk

Recycling rates in England top 40%

A quoi correspond le chiffre de 41,2% ? Quelle est la bonne nouvelle pour l'environnement ? Que font les habitants de Rochford ? Pourquoi parle-t-on de Ashford ? Que doit-il se passer en 2020 ? Qui recycle le plus ? Quelle comparaison est faite à la fin du texte ?

Schoolgirl asks David Cameron to save our libraries

Qui est David Cameron? Que savons-nous sur Jessica ? Pour quoi se bat-elle ? Qu'a répondu David Cameron ? Pourquoi Jessica aime-t-elle les livres?

Alice's bucket list: Girl diagnosed with cancer writes list of goals

En quoi consiste la liste d'Alice? Citez deux buts qu'elle s'est fixés. Que font Amanda Holden et Katy Perry ? Quel est le plus beau cadeau pour elle ? Combien de temps lui reste-t-il à vivre ?

Schoolgirl asks David Cameron to save our libraries

A SCHOOLGIRL has asked the Prime Minister for a meeting. If you agree with her, sign her petition at <u>www.firstnews.co.uk/saveourlibraries.</u>

First News reader, Jessica Trueman, 9, wants to ask David Cameron what he's going to do to stop libraries being closed down across the country.

In a letter to the Prime Minister, Jessica said: "I love my library and I am not letting you and the council shut it down. I am going to fight for our library! I would like a meeting with you to discuss our problem – whatever time you can do."

But Jessica told First News that Mr Cameron was "too busy to help" and one of his people told her to try writing to one of his Government Ministers, Culture Secretary Jeremy Hunt.

So Jessica wrote to Mr Hunt: "Books are special. You can read amazing stories and learn about history and different places in the world. I use two libraries to help me with my homework and both are being shut down. I hope you understand that you are making a big mistake. I won't let this drop so please sort it out."

Jessica wasn't happy with the answer she got from Mr Hunt's department either. They told her to write to her local council. At that, the determined schoolgirl decided to get in touch with her newspaper, First News.

http://www.firstnews.co.uk

Alice's bucket list: Girl diagnosed with cancer writes list of goals

A young girl, who was recently diagnosed with terminal cancer, has written a list of her goals on her online blog calling it 'Alice's list'.

People from all over the world have opened their hearts to help terminal patient, Alice Pyne, complete her list of final goals, which she has documented in a blog called Alice's bucket list.

Alice, who could sadly only have weeks to live, has asked for several things on her blog, including a private cinema party for her and her best friends and to meet Take That.

Many people, including Amanda Holden and Katy Perry, are doing everything they can to make sure Alice manages to tick everything off her list.

In response to the attention her 'bucket list' has received, Alice said: "I'm excited about the things I am going to be doing, but the biggest thing has to be all the people who are joining bone marrow* donation schemes because of me."

http://www.firstnews.co.uk

*moelle

12-year-old boy wears a skirt to school to protest against uniform rules

A boy is wearing a skirt to school to protest his school's uniform policy which bans shorts.

12-year-old Chris Whitehead says that trousers are too hot and that it's "discriminatory" that girls can wear skirts in the summer, but boys can't wear shorts.

Other pupils at the school showed their support with placards saying, "Cool shorts, not hot pants", "Shorts for the long-term" and "What's wrong with my legs?"

"In the summer, girl students are allowed to wear skirts but boys are not allowed to wear shorts," said Chris. "I realised short skirts are allowed but shorts are not, which means there is something wrong in the rules and it should be changed.

(...)

"Wearing shorts is better because it keeps us cooler, especially at the moment because the weather recently has been really hot."

Chris's head teacher Mr Campbell said:"Ultimately the boys can wear a skirt to school because it doesn't say they can't in the uniform policy and we would be discriminating against them if we did not allow it.

"Chris is a very bright and articulate student and we have got a very strong student council. He is one of only two year eight pupils on it."

What do you think? Should boys be allowed to wear skirts to school?

http://www.firstnews.co.uk

12-year-old boy wears a skirt to school to protest against uniform rules

Qu'a fait Chris? Pour quelle raison a-t-il porté une jupe ? Qu'est-ce qui, selon lui, est discriminatoire ? Qu'ont fait les autres élèves ? Qu'a dit le professeur principal de Chris ? Quel genre d'élève est Chris ?

Boy falls off the edge of a building but is saved by his ears

Qu'est-il arrive au petit garçon? Où habite-t-il ? Etait-il seul à la maison ? Pourquoi son grand-père ne l'a-t-il pas empêché de passer à travers les barreaux ? Qu'a fait le grand-père quand il a retrouvé son petit-fils coincé ? Qu'on fait les pompiers ? En quoi Ming-Ming a-t-il eu de la chance ?

Newcastle pub sells beer for dogs

Que peuvent prendre les chiens dans ce pub?

En plus d'une pinte de bière, que leur propose-t-on?

Pourquoi ne servent-ils pas d'eau aux chiens ?

Cette idée fonctionne-t-elle?

Qu'apprend-on sur Dave Carr ?

Boy falls off the edge of a building but is saved by his ears

A six-year-old boy in China slipped between the security bars on his apartment windows but was saved from falling eight storeys to ground below, as his head couldn't fit through the window bars, and he was left dangling* from his ears.

The boy, Ming Ming, was being looked after by his granddad, at the time of the accident, but the man had taken a nap, and Ming Ming was left unattended, the Chutian Metropolis News reported.

It is thought that the boy stuck his head out of the window to look for his granddad, but he slipped and almost fell straight through the window's security bars. But his head was too big for the narrow bars and this almost certainly saved his life because it stopped Ming Ming from falling eight storeys, onto the road.

The boy's granddad found him in time and called the fire brigade, who came and cut his head out of the bars with hydraulic tools. He was very lucky, a spokesperson for the fire brigade said, "He could have fallen to the ground – or have been suffocated – at any minute."

http://www.firstnews.co.uk

*Dangle: balancer, suspendre

Newcastle pub sells beer for dogs

Jan 8 2012 by Richard Fletcher, Sunday Sun

CAT-flavoured Sunday roast and meat-flavoured beer... now man's best friend can join him for a hair of the dog* down at their local pub.

The Brandling Villa in South Gosforth, Newcastle, is selling a special beer designed for dogs so that drinkers' four-legged friends can enjoy a cheeky pint at the same time.

And if their drinking makes them peckish, the pub has created a special canine menu with dog versions of human favourites, including a Sunday roast served with cat-flavoured gravy.

The pub has made an effort to be a traditional pub run in a modern way, which includes welcoming dog owners with their pets to enjoy the atmosphere.

But rather than boring water, the pub decided dogs should join the craft beer revolution too and has started to sell the non-alcoholic beverage for them to try. It is made with beer ingredients of malt and hops, but also includes meat extract.

It has gone down really well with the local dog population and the Brandling Villa had to reorder fresh stock after the first 48 bottles ran out in less than a fortnight. But ironically, manager Dave Carr's own dog, beagle Franco, doesn't like it.

*used to refer to alcohol that is consumed with the aim of lessening the effects of a hangover (gueule de bois)

Wife issues plea to missing Durham husband

Feb 12 2012 by Lisa Hutchinson, Sunday Sun

HEARTBROKEN Margaret Goodchild cuddles her daughter and prays her husband will be back home soon.

Andrew has sparked a police search after he went missing on Thursday, leaving with an armful of belongings after an argument spun out of control.

But his family are desperate for him to return after he sent text messages to his wife and best friend indicating he wouldn't see them again.

Now Margaret has told of her agony as she pleads with 34-year-old Andrew to come back.

From the family home in Annfield Plain, County Durham, Margaret flicks through* family photos showing happy times.

She said: "There have been stresses and problems which accumulated into an argument on Thursday but nothing to warrant this.

"Before he left he said our daughter Holly and I were his world and he would do anything for us. We just want him back home, if he doesn't want to ring me or his friend then telephone the police and just let them know he is well.

"I'm trying to keep things as normal as possible for Holly's sake. She went to nursery on Friday and over the weekend she has been playing with her kitchen, not knowing what is going on.

"I went to bed the other night and brought Holly in with me. I just cuddled her and thought about Andrew.

"I kept waking up and each time I did I looked at my phone, hoping that he'd tried to ring or text me. I keep ringing him, but his phone is switched off."

*flick through: feuilleter

Wife issues plea to missing Durham husband

Que savons-nous sur Margaret Goodchild? Qu'est-il arrivé à son mari ? Pourquoi a-t-il disparu ? A-t-il donné signe de vie ? Qu'a-t-il dit avant de partir ? A quoi ressemble la vie de Holly depuis la disparition de son père ? A quoi ressemble la vie de Margaret depuis la disparition de son mari ?

Today's forecast is... prison! South African weathermen face jail or fines if they get it wrong

Qui risque d'aller en prison et pour quelle raison?

Quel autre risque encourent-ils?

Pour quelle raison ce point a-t-il été ajouté dans la loi ?

Quelle est l'opinion de Mr Morgan à ce sujet ?

Si quelqu'un veut lancer une alerte météo, que doit-il faire selon la loi?

Kate Middleton given sleeping bag, goggles and Vegemite among bizarre royal tour gifts

Quel genre de cadeaux ont reçu Kate et William ?

A quelle occasion ont-ils reçu ces cadeaux ?

Pourquoi Kate a-t-elle reçu plus de cadeaux que son mari?

Quelle sorte de bijou Kate a-t-elle reçu?

De quelle longueur est la liste de cadeaux reçus par les jeunes mariés ?

Stopping smoking when already pregnant can boost baby's health

Quelle comparaison a-t-on faite sur les nouveaux-nés?

Quelles précisions avons-nous sur cette étude ?

Quelle conséquence peut avoir une grossesse chez une fumeuse?

Qu'est-ce qu'une naissance prématurée peut engendrer ?

Quels sont les 3 points positifs observés sur les femmes enceintes ayant arrêté de fumer dès le début de grossesse ?

Two drink-free days a week needed, MPs' report says

Quel problème est soulevé par les membres du Parlement?

Quelle solution proposent-ils?

Qui d'autre est en faveur de cette mesure?

Que s'est-il passé en 1987?

Quelles recommandations a-t-on faites en 1995?

Que veulent-ils instaurer pour les personnes âgées?

Que montrent les statistiques?

Lost pensioner Dennis Leighton spends 30 hours driving around M25

Qu'est-il arrivé à Dennis Leighton?

Où se rendait-il?

Quelles informations avons-nous sur cet homme?

Combien de temps aurait dû durer son trajet?

Selon la police, il a dû s'arrêter à plusieurs reprises, pour quelles raisons?

Où a-t-il été retrouvé? Quand?

Today's forecast is... prison! South African weathermen face jail or fines if they get it wrong

By Dan Newling

Weather forecasters in South Africa have been threatened with prison if their predictions prove incorrect.

Independent forecasters have been told they could be imprisoned for up to ten years - or fined up to $\pm 800,000$ - if they issue incorrect severe weather warnings without official permission.

The astonishing threat is contained in a new law designed to prevent panic and economic damage caused by false predictions of gales*, flash flooding or drought.

The proposed amendment to South Africa's Weather Service Bill would mean that anyone wanting to issue a severe weather warning would first need to get written permission from the country's official national weather service.

(...) Repeat offenders face a maximum of 10 years imprisonment or a ten million rand $(\pm 800,000)$ fine.

(..)Mr Morgan (Spokesman) said: 'The bill, if passed in its current form, will have various undesirable consequences, and will make South Africans less safe.

'There is no reason to believe that the Weather Service, with its limited ability to measure and observe weather changes all around South Africa in real time, can respond quickly to all severe weather events, offering affected people sufficient warning.'

http://www.dailymail.co.uk

*vent violent

Kate Middleton given sleeping bag, goggles and Vegemite among bizarre royal tour gifts

A sleeping bag, snow goggles, a papier-mâché doll and a jar of Vegemite were just some of the unusual gifts given to the Duke and Duchess of Cambridge last year.

The bizarre items were on an official list released by St James's Palace yesterday of items given to the royal couple on their first foreign trip to Canada and the US last summer.

The newlyweds returned home with mosquito traps, cowboy hats, hockey jerseys, stuffed toys, wine coasters and bread board among the hoard of gifts.

Kate, who celebrated her 30th birthday earlier this week, seemed to win in the popularity stakes, receiving more gifts from members of the public than her husband.

The gifts weren't all random, as Kate was also presented with a 302-diamond brooch and William received a pair of platinum cufflinks.

The jewellery, listed simply as 'brooch' in the document, is actually a specially-commissioned platinum piece by Hollywood jeweller Harry Winston, with diamonds in the shape of a polar bear.

The couple also received an iPad from the Governor of California as listed on the 14-page rundown of gifts .

Clarence House spokesman insisted last night it would be "discourteous to highlight whether a gift was valuable".

http://www.mirror.co.uk

Stopping smoking when already pregnant* can boost baby's health

Babies born to mothers who stop smoking in early pregnancy* are similar weight to those born to mothers who never smoked – study

Women who stop smoking as late as when pregnancy is confirmed can dramatically boost the health of their baby, scientists said on Wednesday.

In the largest study of its kind, researchers led by Professor Nick Macklon, a consultant gynaecologist at the Princess Anne hospital in Southampton, studied the outcomes of 50,000 pregnancies.

They found that women who gave up smoking at the time of conception or when their pregnancy was confirmed gave birth to babies with a similar weight to those born to mothers who had never smoked, cutting the risk of complications associated with low birthweight.

Macklon said that healthy development during pregnancy without exposure to smoke also helped to limit the chances of premature birth, which can cause brain damage and congenital defects such as cleft* lip and other illness in later life.

He said: "Not only was birthweight much better in this group than it was in the groups where the mothers had continued to smoke, but we also found that the babies reached the same gestational age and head circumference as those born to women who had never smoked.

Extracted from http://www.guardian.co.uk

Pregnant: enceinte

Pregnancy: grossesse

Cleft: fendu(e)

Two drink-free days a week needed, MPs' report says

By James Gallagher Health reporter, BBC News

People should have at least two days a week completely clear of alcohol, a group of MPs (Members of Parliament)says.

It is one of the recommendations in a report by the Commons science and technology committee, which is calling for a review of all government guidelines on alcohol in the UK.

It says there are "sufficient concerns" about the recommendations on how much people should drink.

The report has been welcomed by charities and public health experts.

Advice on the maximum units of alcohol that should be consumed was introduced in 1987 - 21 units in a week for men and 14 for women.

In 1995, the advice was changed to recommend that men did not regularly drink more than three to four units per day. The figures were two to three units for women. It also says that after heavy drinking people should leave 48 hours for the body to recover.

The report said having two alcohol-free days "would enforce the message that drinking every day should be avoided".

It also says there "could be merit" in setting a lower limit for older people in the same manner as there are more specific rules for children and pregnant women

(...)A survey by the Office for National Statistics suggested that 90% of people had heard of units, yet fewer than one in three knew how much one unit of wine was and that only 13% kept a check on the units they drank.

http://www.bbc.co.uk/news/health

Lost pensioner Dennis Leighton spends 30 hours driving around M25

Pensioner Dennis Leighton spent more than 30 hours driving around the M25 motorway after getting lost en route to visit his daughter.

Dennis Leighton, 82, was eventually found by police still at the wheel of his silver estate after worried family members reported him missing.

The retired carpenter had set off from his home in Windsor, Berks., to see his daughter Hazel, 55-miles away in Swanley, Kent.

But after getting "a little lost", what should have been a straightforward, hour-long drive instead became a two-day journey. Officers eventually found him still in his Vauxhall Astra in south London.

A police source said yesterday: "He had been driving around the south of the country, predominately on the M25 motorway but had also gone onto some A roads in the area.

"He had stopped to catch up on some much needed sleep - we think in a motorway service area, before setting off again.

He is after all 82-years-old. Presumably he put fuel in the car during the service stops over the two days."

Mr Leighton, who lives alone, set off from his semi-detached home on December 12 at 7.30pm.

After family members reported him missing, his car was spotted on a police automatic number plate recognition camera in Dartford, Kent, on Tuesday at 11.20am - six miles from his intended destination.

Yet despite an extensive search, the pensioner could not be located - sparking a multi-force missing person appeal.

However, in the early hours of yesterday (Wed), more than 30 hours after leaving home, he was found by Met Police officers safe and well in his car in South London.

http://www.telegraph.co.uk

Woman faces jail after making hundreds of hoax 999 calls

A teenager from Cambridgeshire has been warned she faces a possible jail term after making 756 silent 999 calls over the Christmas weekend.

Kerry Ann Moate, 18, was arrested at home after police traced her phone.

Huntingdon Magistrates' Court heard Moate dialled the emergency services repeatedly between Christmas Eve and Boxing Day*.

She admitted making the calls and will be sentenced in February.

'Public in danger'

She was arrested in the early hours of Tuesday and charged with "persistently making use of public communication networks to cause annoyance, inconvenience or anxiety".

The court was told police had classed finding Moate as "critical" because her actions were putting the public in danger.

Moate has a history of similar offences. Her defence solicitor told the court her client did not know why she had done it.

Magistrates warned her she could be jailed.

Superintendent Paul Fullwood, of Cambridgeshire police, said: "Every time someone misuses the 999 they are potentially putting others lives at risk.

"This is especially true when we receive a large number of nuisance calls as it impacts on how quickly other emergency calls are answered.

"This behaviour is completely unacceptable and we will continue to actively pursue those who make malicious calls."

http://www.bbc.co.uk

*December 26th

Woman faces jail after making hundreds of hoax 999 calls Pourquoi Tracy a-t-elle été arrêtée ? Quand sera-t-elle jugée ? Pourquoi a-t-elle fait cela ? Que risque-t-elle ? Selon Paul Fullwood en quoi le comportement de Tracy est-il inacceptable?

Six-year-old becomes successful model, despite only being able to speak

through a computer.

Que savons-nous de Joshua Lindley?

Comment communique-t-il?

De quoi est composé l'appareil qui lui permet de communiquer ?

Depuis quand se sert-il de cet appareil?

Quel effet cela a-t-il eu sur lui ?

Que dit sa mère ?

Family fury as owner of dog that maimed six-year-old goes free

Qu'est-il arrive à la petite fille de 6 ans?

Qu'est-ce que le père de la fillette considère-t-il comme une insulte?

Comment vit la fillette depuis ce jour ?

Comment le père de la fillette considère-t-il le chien qui a attaqué sa fille?

Dans quelles circonstances la fillette a-t-elle été attaquée ?

Qu'a fait le propriétaire du chien?

Quelles ont été les sanctions ?

Six-year-old becomes successful model, despite only being able to speak

through a computer.

Joshua Lindley may suffer from a disability which has left him paralysed and only able to speak through a computer, but he has not let his condition hold him back.

The confident six-year-old has become a successful child model, starring in campaigns for his local health trust ,and DFS.

Schoolboy Joshua was born with cerebral quadriplegia and communicates with his family and friends via a special talking machine in a similar way to Professor Steven Hawking who suffers Motor Neurone Disease.

He also suffers severe mobility problems and spends much of his time in a wheelchair.

Joshua can understand what he is being told ,but was unable to respond until his mother got him the personalised digital talking aid ,complete with pictures of his friends ,family,favourite foods,sports and various icons.

Since getting the machine 18 months ago, Joshua's confidence has soared as he is able to do things. (...)

His mother Joanne Kendall,36,said : « Josh understands but he just can't speak so he knows what he wants to say but just can't say it. » (...)

Daily Mail Reporter, www.dailymail.co.uk.

Family fury as owner of dog that maimed* six-year-old goes free

By Hayden Smith - 13th February, 2012

The family of a six-year-old girl who had part of her ear ripped off by a dog have spoken of their fury after its owner walked free.

The father of the girl described the 12-week suspended jail sentence given to Gary Hindley as an 'absolute insult'.

His daughter was 'traumatised, probably for life', he added.

'She screams in pain for an hour every day while we're changing her dressing. We've got to live with this for the rest of our lives,' the father said.

He described Hindley's Staffordshire bull terrier, Buddy, as 'a weapon in his hands'. The court had heard the family were trying out binoculars and a telescope in a park when the dog ran towards them 'out of control' with no collar or lead before pinning the girl to the ground.

'It was on my little girl, standing on her, with his head buried into her,' the mother had said.

The girl needed surgery after the attack in Chingford, north-east London, on January 21.

Ozlem Erbil Cetin, for the defence, said Hindley, 54, had written a letter of apology to the family and said he was 'very remorseful'.

District judge Robert Roscoe ordered the bull terrier to be destroyed, describing it as 'not well trained, not well looked after and not well supervised'.

Hindley, whose term was suspended for two years, was banned from owning an animal for ten years, ordered to complete 200 hours' unpaid work and told to pay £450 in damages.

He will be monitored electronically with an 8pm-7am curfew.

http://www.metro.co.uk

*maim: estropier

Jobless couple on benefits get eight-bedroom house

A family of 12 who were crammed* into a terraced house have been handed the keys to an eight-bedroom former children's home.

Donna Harrison, 35, and her unemployed partner Fabian Bland, 43, look after ten children aged two to 15.

The couple, who care for Donna's late sister's three children and seven of their own, turned down several four-bedroom homes offered to them.

They get $\pounds 500$ a month in child benefits and child tax credits, $\pounds 160$ a fortnight of Jobseekers Allowance and their rent paid for by housing benefit.

'I know what some people will say about us living off the state with so many children, and it makes me angry,' said Ms Harrison from Bradford, West Yorkshire.

'This is the first time in 20 years that Fabian has claimed benefits. Yes, we have a lot of children but that was unexpected -I didn't expect to be looking after my sister's children but that's the way things have turned out, I didn't expect my mum, who was caring for them, to die so early from cancer. And I'm saving the state money by looking after my sister's children. It would be costing the government thousands if they were in care.'

Cathy Ashley, of the Family Rights Group charity, described the family's former living conditions as 'hellish'.

She said: 'We are very pleased that this seems a happy ending. Many family, friends and carers across the country continue to struggle to get suitable accommodation.'

http://www.metro.co.uk

*cram: entasser

Jobless couple on benefits get eight-bedroom house

Que savons-nous de la famille de Donna Harrison?

Qu'est-ce qu'elle et son mari ont-ils refusé?

De quoi vivent-ils ?

Comment Donna répond-elle à ceux qui voient d'un mauvais œil le fait qu'ils aient beaucoup d'enfants et « profitent » des allocations ?

En quoi y a-t-il une fin heureuse pour cette famille?