

Physical Education Vocabulary

Basic vocabulary	Actions	Equipment
the ground → <i>le terrain</i>	to stand up → <i>se lever</i>	a mat → <i>un tapis de sol</i>
a team → <i>une équipe</i>	to sit down → <i>s'asseoir</i>	a plastic cone → <i>un plot</i>
a player → <i>un joueur</i>	to jump → <i>sauter</i>	a ball → <i>un ballon</i>
a goal keeper → <i>un gardien</i>	to hop → <i>sauter à cloche pied</i>	balls → <i>des balles</i>
a referee → <i>un arbitre</i>	to run → <i>courir</i>	a hoop → <i>un cerceau</i>
a substitute → <i>un remplaçant</i>	to walk → <i>marcher</i>	a scarf → <i>un foulard</i>
a goal → <i>un but</i>	to crawl → <i>ramper</i>	a ribbon → <i>un ruban</i>
one try → <i>un essai</i>	to take a step → <i>faire un pas</i>	a stick → <i>un bâton</i>
one point → <i>un point</i>	to turn around → <i>tourner (autour)</i>	a skipping rope → <i>une corde à sauter</i>
well done / well played → <i>bien joué</i>	to turn back → <i>faire demi-tour</i>	a chair → <i>une chaise</i>
go on → <i>allez !</i>	to whirl → <i>tournoyer</i>	a bench → <i>un banc</i>
to pass the ball → <i>faire une passe</i>	to kneel down → <i>s'agenouiller</i>	a net → <i>un filet</i>
to shoot → <i>tirer</i>	to lie down → <i>s'allonger</i>	
to score → <i>marquer</i>	to stretch → <i>s'étirer</i>	
to mark → <i>marquer un adversaire</i>	to warm up → <i>s'échauffer</i>	
to win → <i>gagner</i>	to stand on → <i>monter sur (une chaise)</i>	
to lose → <i>perdre</i>	to get off → <i>descendre de (la chaise)</i>	